

Catchphrase (Slogan)

Spread the Smiles, Share the Emotion!

About Us

The Fukushima Recreation Association is a non-profit organization dedicated to improving quality of life through recreation, lifelong sports, and community engagement.

Based in Fukushima, we provide programs and activities that support children's healthy development, promote preventive care and dementia prevention for older adults, and help communities rebuild connections after the Great East Japan Earthquake and nuclear disaster.

Through recreation and physical activity, we aim to bring people together, strengthen communities, and create opportunities for people of all ages to live healthy, active, and fulfilling lives.

Mission

In Fukushima, we will promote recreation and lifelong sports to support the growth of children, healthy aging, and the well-being of local communities.

Vision

Through recreation and community connections, we create a society where all generations can lead healthy, active, and connected lives.

Values

1. **Community** : Creating meaningful connections between people.
2. **Health and Well-being** : Encouraging an active and healthy lifestyle.
3. **Support and inclusion** : Create opportunities for everyone to participate.
4. **Resilience** : Supporting regions to overcome challenges and move forward.

Our Activities

- Programs to improve children's physical fitness
- Recreation activities for families and communities
- Preventive care and dementia prevention programs for older adults
- Activities that support communities affected by the Great East Japan Earthquake