

Catchphrase (Slogan)

Spread the Smiles, Share the Emotion!

About Us

The Fukushima Recreation Association is a non-profit organization dedicated to improving quality of life through recreation, lifelong sports, and community engagement.

Based in Fukushima, we provide programs and activities that support children's healthy development, promote preventive care and dementia prevention for older adults, and help communities rebuild connections after the Great East Japan Earthquake and nuclear disaster.

Through recreation and physical activity, we aim to bring people together, strengthen communities, and create opportunities for people of all ages to live healthy, active, and fulfilling lives.

Vision

To create a society where people of all generations can live healthy, active, and connected lives through recreation and community engagement.

Mission

We promote recreation and lifelong sports to support children's development, healthy aging, and community well-being in Fukushima.

Our Activities

- Programs to improve children's physical fitness
- Recreation activities for families and communities
- Preventive care and dementia prevention programs for older adults
- Activities that support communities affected by the Great East Japan Earthquake

Values

Community – Building meaningful connections among people.

Health and Well-being – Encouraging active and healthy lifestyles.

Support and Inclusion – Creating opportunities for everyone to participate.

Resilience – Supporting communities in overcoming challenges and moving forward.